

# East Haddam Senior Center APRIL 2024

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>1</b> 8:15 Pilates 12:00 B.P. Clinic	<b>2</b> 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	<b>3</b> 8:15 Pilates 9:00 Casino 9:00 AARP Taxes 10:00 Coloring 1:00 Wii Bowling	<b>4</b> 9:00 Tai Chi 10:00 Knitting 10:30 Ex. Mtg. 10-12 Computer Help	<b>5</b> 8:15 Pilates 1:00 Game Day
<b>8</b> 8:15 Pilates 1:00 Photo Club 1:00 Club Mtg./ Home Health Care Discussion	<b>9</b> 9:00 Tai Chi 9:00 Shopping/Crmwl. 9:00 Reiki 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	<b>10</b> 8:15 Pilates 10:00 Coloring 12:30 AARP Driver Safety Class	<b>11</b> 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:30 Cornhole / Ladder ball	<b>12</b> 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day
<b>15</b> 8:15 Pilates 1:00 Movie	<b>16</b> 9:00 Tai Chi 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	<b>17</b> 8:15 Pilates 10:00 Coloring 1:00 Wii Bowling	<b>18</b> 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:00 BINGO 6:00 Hometown Mrkt. Discussion	<b>19</b> 8:15 Pilates 1:00 Game Day
<b>22</b> 8:15 Pilates 11:00 Mystery Lunch	<b>23</b> 9:00 Tai Chi 9:00 Shopping/ O.S. 10:00 Quilting 10-12 Computer Help 12:30 Mah Jongg	<b>24</b> 8:15 Pilates 10:00 Coloring 1:30 Volunteer Reception	<b>25</b> 9:00 Tai Chi 10:00 Knitting 10-12 Computer Help 1:30 Cornhole / Ladderball 6:00 Pizza/ BINGO	<b>26</b> 8:15 Pilates 8:30 Cora Msg. 1:00 Game Day
<b>29</b> 8:15 Pilates 1:00 Jam Session	<b>30</b> 9:00 Tai Chi 9:00 Reiki 10:00 Quilting 10-12 Computer Help- 12:30 Mah Jongg			